



## **A Brief & Practical Introduction to Therapeutic Assessment**

**Presented by Raja M. David, PsyD, ABPP, LP**  
*Minnesota Center for Collaborative/Therapeutic Assessment*

**(3 CEs)**

**Friday January 10, 2025 — 9:45am-1:00pm CST**

**This training will occur virtually through Zoom.**

### **Training Overview**

This 3-hour workshop is designed for psychologists and psychologists in training who have little exposure to the Therapeutic Assessment (TA) model but are interested in learning about it and how TA elements can be implemented in an assessment process.

Therapeutic Assessment (TA) was developed by Stephen Finn, PhD, and his colleagues, and it is the most well-structured and researched of the Collaborative/Therapeutic Assessment approaches. TA is a highly individualized approach to psychological assessment that often leads to growth for clients. After a brief introduction to core TA concepts, participants will be exposed to the different steps that are part of the Adult TA model. The focus will be on three primary steps: developing client questions; exploring test results to build client insight; and conducting a Summary/Discussion Session to review results. As the steps of the model are explained, clinical vignettes, including video and test data, will illuminate the application of this approach. Participants will be given a few key takeaways about the model and steps they can use to enhance client care.

### **Objectives**

By the end of this training, participants will be able to:

- List and describe the different steps in the adult Therapeutic Assessment model.
- Implement basic skills for identifying client's Assessment Questions (AQs).
- Describe the Extended Inquiry (EI) that occurs following standardized testing and begin to use 2-3 EI techniques with clients.
- Organize a Summary/Discussion Session following TA principles and guidelines.

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### **Workshop Schedules**

<u><b>Time</b></u>	
9:45 – 11:15am	Overview of workshop. Introduction to TA and key terms.

	Conducting the first TA session. <ul style="list-style-type: none"> <li>• Relational frame.</li> <li>• Steps of first session and identifying client Assessment Questions (AQs).</li> </ul> Overview of testing sessions. Conducting Extended Inquiries (EIs) on testing. <ul style="list-style-type: none"> <li>• Examples.</li> </ul>
11:15-11:30am	Break
11:30-1:00pm	Testing sessions continued. Conducting Summary/Discussion Sessions. <ul style="list-style-type: none"> <li>• Preparation &amp; execution.</li> </ul> Workshop review and summary.

### **Continuing Education & Attendance**

This workshop is worth 3 CEs and an additional \$20.00 is required to cover Alliant's costs.

Alliant International University is approved by the American Psychological Association to Sponsor Continuing Education for psychologists.

Provider approved by the California Board of Registered Nursing, Provider # CEP17538, for 3 Contact Hours.

Approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4469.

Those seeking CE Credit under the BRN must retain this certificate for a minimum of 4 years.

Alliant International University maintains sole responsibility for this program and its content.

There are no known conflicts of interest, and no commercial support, associated with this program.

Participants will register for the Zoom link, and a Zoom record of attendance will be generated and submitted to Alliant to verify attendance. Additionally, participants are expected to keep their cameras on throughout the workshop, and in and out times will be noted. In order to receive CEs, participants must be present for all parts of the workshop. Partial CEs will not be provided.

The Executive Committee of the Therapeutic Assessment Institute (TAI) has approved this workshop as counting as a Level 1 TA training, which may be beneficial to those seeking certification in TA through the TAI.

### **Prerequisite Training**

The training is designed for all levels of learners but is specifically applicable to graduate students and professionals who have had little exposure to the Therapeutic Assessment model. Those looking for more advanced TA skills may find this workshop too basic.

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## Workshop Leader



Raja M. David is the founder and owner of the Minnesota Center for Collaborative/Therapeutic Assessment and on faculty at the Therapeutic Assessment Institute (TAI). He received his Doctorate in Psychology (PsyD) at the Minnesota School of Professional Psychology and is board certified in Child and Adolescent Clinical Psychology (ABPP). He took part in intensive trainings on TA with the model's creator, Dr. Stephen Finn, in Austin, Texas. Raja holds certification in the adult model of TA and in 2022 was invited to join the TAI Board of Directors and take over editorship of the TAI professional newsletter, *The TA Connection*.

Raja routinely teaches and writes about TA. He is a co-author of the primary book on TA, *Assessment with Adults: Using Psychological Testing to Help Clients Change* (Routledge, 2022). In 2020, he authored a chapter on conducting the initial TA session for the *Oxford Handbook of Personality and Psychopathology Assessment, 2<sup>nd</sup> Ed.* (2021; J. Mihura Editor), and in 2021 published *Virtual Delivery of Therapeutic Assessment: An Empirical Case Study* in the *Journal of Personality Assessment*. Raja was an Assistant Professor and Program Dean at the MN School of Professional Psychology, and he developed a doctoral level course on TA which he most recently taught at Augsburg University in Minneapolis, MN. He has presented on TA at professional conferences and was a plenary speaker at the 2015 and 2021 International Collaborative/Therapeutic Assessment Conference. Raja has trained thousands of clinicians across the globe on TA, and routinely provides consultation to clinicians and mental health centers looking to implement the model.

## Registration and Payment

To register, please email Raja directly at [raja@mncta.com](mailto:raja@mncta.com) and indicate professional/student and your method of payment. The fee for this workshop is \$100.00 for professionals and \$50.00 for students and post-docs. This fee includes the workshop and materials. If you would like CEs, please include an extra \$20.00 to cover Alliant International University's cost.

### Credit card

Payment can be made via credit card through the IvyPay app. Please provide your cell number in the email and he will send a text through the IvyPay app, and you will enter your card number.

### Electronic Payment

Venmo: @Raja-david

PayPal: [raja@mncta.com](mailto:raja@mncta.com)

Zelle: 651-442-3038

### Check

In your email indicate that you are mailing a check to the address listed in the footer on the first page. Checks should be made out to: Minnesota Center for Collaborative/Therapeutic Assessment, LLC.

## Refund Policy

Participant cancellations occurring before January 3, 2025, will receive a 50% refund. Cancellations occurring January 4, 2025, or later will not receive any refund of registration fees.

## Conflict of Interest:

In compliance with continuing education requirements, the presenter will disclose any financial or other associations with companies to which they have a direct and/or financial relationship related to the topic/content of this presentation.

There is no commercial support for the program, instructor, content of instruction, or endorsement of products.

**Non-Discrimination Statement:**

The MNCCTA does not discriminate based on race, color, national origin, religion, sex, disability, military status, sexual orientation, gender identity, or age. The MNCCTA is committed to accessibility and non-discrimination in all aspects of its continuing education activities. Participants who have special needs are encouraged to contact Raja so that all reasonable efforts to accommodate these needs can be made.

**Additional Information**

For more information regarding the training, logistics, or to request accommodations, please email Raja directly at [raja@mccta.com](mailto:raja@mccta.com).

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